Doctors’ Day
March 30

Todd Shenkenberg, M.D.
Medical Oncologist

Francis M. Gumbel, M.D.
Internal Medicine

Eric Barron, M.D.
Ophthalmologist

Madhavi Reddy, M.D.
Ophthalmologist

Madhavi Reddy, M.D.
Ophthalmologist

David Hyde, M.D.
Ophthalmologist
A LITTLE HISTORY ON NATIONAL DOCTORS’ DAY

Every year as winter thaws into a warm spring, America honors its physicians with National Doctors’ Day, a special observance first celebrated in 1933 by a wife of a Georgia doctor who wanted to honor her husband, Eudora Brown Almond set aside March 30, 1933 to honor her husband, Dr. Charles Almond, and from that first observance the U.S. House of Representatives passed a resolution in 1958 commemorating Doctors’ Day.

In 1990, legislation was formally introduced in the U.S. House and Senate to establish a national Doctors’ Day. Both houses of Congress overwhelmingly approved the proposal on Oct. 30, 1990, and President George H.W. Bush signed the bill into law, officially designating March 30 as “National Doctors’ Day.”

This late March day has now become a special day to celebrate the contributions of physicians who serve our country by caring for its citizens. Today’s doctors utilize the tools of modern technology, including surgical lasers and robots, and high-powered magnetic imaging devices and networked data streams.

Modern medicine as we know it arguably began in the 19th Century as doctors came to benefit from the use of developing sciences, such as chemistry. It was during this era when physicians began to incorporate other disciplines to help heal and treat patients, including psychiatry, the beginnings of genetics and immunology. Then came reliable prescription drugs. Penicillin began to heal sicknesses, and modern surgery with new tools and technology began to come of age.

The great history of medicine stretches back thousands of years. The Egyptians of 5,000 years ago credited their health care system, as they knew it, for making their people some of the healthiest in their world then. It was the Egyptians who performed some of the first recorded surgeries, including root canals. Doctors of that era long, long ago worked to master supernatural texts as well as being trained in anatomy and diagnosis.

Greece is considered the birthplace of medical ethics. It is in Greece where the famed “physician” Hippocrates wrote a collection of early medical works from which came the Hippocratic Oath for physicians, which is still in use today. By the 9th Century in the Middle East, doctors started practicing in what we would consider hospitals today. Doctors of this era were already using forms of forceps, surgical needles, scalpels and the surgical spoon.

It is from these historical foundations that the modern doctor practices today. The future of medicine can seem limitless. Some believe the future of medicine will be tailored to each patient’s individual genome. Other experts predict with ever advancing technologies that some physicians will see patients from the other end of a screen or robotic device. Other physicians would say that—no matter the technology—the personal touch between doctor and patient is essential and will endure.

On this National Doctors’ Day, we honor the good work and care that physicians in our community and around the nation do in tending to the sick and healing patients of all ages and backgrounds. Whether in shiny glass medical complexes or large hospital campuses, or the family doctor office next door, we salute all those doctors who toil in their profession to make the world a healthier place.
March 30th is Doctor’s Day.

Valley Regional Medical Center honors the work of our doctors. Thank you for the dedication and compassionate care you give to families in our community.
I know I have the most wonderful of
doctors. He listens to me and takes time to
explain what is making me feel bad- and
then what can be done to heal me and what
the treatment entails and how I will feel
when undergoing it.

I was diagnosed with terminal cancer
by a previous doctor. I did not feel I was
dying and wanted a second opinion. A
friend told me about an oncologist who
was very good. The oncologist reviewed
what had already been done to me and said
I had a good chance with chemotherapy.

I had the treatments (no fun) and I have
been in remission for 25 years! I feel great
and it is all because of loving prayers by
family and friends and my wonderfully
knowledgeable and compassionate doctor
Todd Shenkenberg. God bless him.

Thank you sincerely,
-Mary Cregler Hicks

Todd Shenkenberg, M.D.
Medical Oncologist

Francis M. Gumbel, M.D.
Internal Medicine

Sé que tengo el doctor más maravilloso.
Él me escucha y se toma su tiempo para
explicarme lo que me está haciendo sentir
mal- lo se puede hacer para curarme y lo
que el tratamiento conlleva y cómo me va
ta hacer sentir.

Fui diagnosticada previamente con
cáncer terminal por un medico. No sentía
que me estaba muriendo y quería una
segunda opinion. Un amigo/a me dijo
de un oncólogo muy bueno. El oncólogo
evaluó lo que ya me habían hecho y me
dijo que tenía una buena oportunidad con
quinioterapia.

Tuve los tratamientos (nada divertido)y
tengo 25 años en remisión! Me siento muy
bien y todo es gracias a las oraciones de
familia y amigos/as y mi maravillosamente
experto y compasivo médico Todd
Shenkenberg. Que Dios le bendiga.

Cuán sabio el tener Día Nacional del
Doctor. Me hizo tomar un momento y
tomar en cuenta lo mucho que agradezco
todos los médicos que atienden a mi
familia.

Mi marido y yo somos personas
mayores y tenemos dos hijos adultos con
discapacidades de desarrollo. Los cuatro
tenemos múltiples problemas médicos.
Es un médico muy sabio el que sabe
cuándo es vital referir un problema a un
especialista. Es un médico muy atento
el que toma su tiempo para escuchar y
responder preguntas. Es un médico muy
compasivo el que adopta un enfoque
holístico con una familia como la nuestra.

Es una bendición para una familia
única como la nuestra, tener un médico de
familia tan maravilloso como el Dra.
Francis M. Gumbel.
Sé que tengo el doctor más maravilloso.
Él me escucha y se toma su tiempo para explicarme lo que me está haciendo sentir mal - lo que se puede hacer para curarme y lo que el tratamiento conlleva y cómo me va a hacer sentir.
Fui diagnosticada previamente con cáncer terminal por un médico. No sentía que me estaba muriendo y quería una segunda opinión. Un amigo/a me dijo de un oncólogo muy bueno. El oncólogo evaluó lo que ya me habían hecho y me dijo que tenía una buena oportunidad con quimioterapia.
Tuve los tratamientos (nada divertido) y tengo 25 años en remisión! Me siento muy bien y todo es gracias a las oraciones de familia y amigos/as y mi maravillosamente experto y compasivo médico Todd Shenkenberg. Que Dios le bendiga.
Dear Dr. Zamir,
Thank you for all the times that you have cured me, and have gave me all the medications that I need. Thank you for curing me and my brother. I appreciate all the times I came back home knowing that I’m going to get cured with antibiotics Dr. Zamir gave me.

Nahuna Perez

Querido Doctor Zamir,
Gracias por todas las veces que me ha curado, y que me ha dado todos los medicamentos que necesito. Gracias por curarnos a mi hermano y a mí. Agradezco todas las veces que volví a casa sabiendo que me voy a curar con antibióticos que el Doctor Zamir me dio.

Madhavi Reddy, M.D.
Ophthalmologist

Dear Dr. Morales,
Thank you for being a good doctor. Thank you for the stickers and lolly-pops you give me after my check-up. You make sure I do not get sick. Happy National Doctors Day!

Your patient, Delilah Mejia

Querido Doctor Morales,
Gracias por ser un buen doctor. Gracias por los stickers y lolly-pops que me da después de mi chequeo. Usted se asegurá de que no me enferme. Feliz Día Nacional de los Médicos!

David Hyde, M.D.
Ophthalmologist

Who is a doctor? There is a doctor in my neighborhood and yours too. A doctor is essential in our life. Our body contains so many different parts. I am thankful to have a doctor. Thanks to a doctor my grandpa is able to control his diabetes, my grandma her cholesterol, but mainly I was born with the help of a doctor. It takes them years of study and unique efforts. Thank you!

Keanna Romo

Eric Barron, M.D.
Ophthalmologist

Cuando pienso en en médicos que han mostrado compasion y han ayudado de alguna manera, pienso en los doctores, Dr. Eric Barron, Dr. Madhavi Reddy Y Dr. David Hyde. No sólo son estupendos oftalmólogos y ayudan a muchos pacientes, pero son jefes fabulosos!

Verá, yo soy empleada de ellos. He trabajado 10 años con ellos y se me ha dado la oportunidad de avanzar; sin merecerlo he sido recipiente de su compasión e inmensa bondad.

He podido observar su ética excepcional de trabajo y ver su increíble conocimiento en su área de especialidad. Ellos han y continúan asombrándome con su dedicación, no sólo a mí, sino al resto del personal y la mayoría de todos sus pacientes!

-Laurie Taliancich

The following letters are courtesy of first grade students from Victoria Heights Elementary School.
A very special thanks to these bright, young minds and their mentors.
Su Clinica supports Doctor’s Day and recognizes all health professionals who dedicate their lives, daily, to the service of others. Thank you Su Clinica doctors. Your compassion and work at comforting the lives of so many are greatly appreciated.
Dear Dr. Mercado
You are the best doctor in the world. You help me when I’m sick. You give me medicine for my sickness. You are very nice and sometimes funny. Thank you for everything doctor Mercado.
Sincerely, Denisse Galvan

Querido Doctor Mercado,
Usted es el mejor médico del mundo. Usted me ayuda cuando estoy enferma. Usted me da medicina para mi enfermedad. Usted es muy agradable y a veces gracioso. Gracias por todo Doctor Mercado.

Dear Dr. Trakru,
Thank you for taking care of my health ever since I was born, you always know how to make me feel better when I am sick. You always put a smile on my face with your funny jokes. Thank you for being the best doctor.
Sincerely, Reydavid Melgarejo

Querido Dr. Trakru,
Gracias por cuidar de mi salud desde que nací, usted siempre sabe cómo hacerme sentir mejor cuando estoy enfermo. Usted siempre me hace sonreir con sus chistes. Gracias por ser el mejor médico.
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- Well Woman Exams
- Urgent Care
- ESPDT Exams

I love doctors because they take care of us and they make us feel better and they check our heart.
Mariel Sandoval Erendira Elizabeth Iturbe
Amo a los médicos porque nos cuidan y nos hacen sentir mejor y revisan nuestro corazón.
Dear Dr. Flores,
I would like to thank you for helping me and my sisters Alize and Destiney every time we get sick. You give us medicine when we are sick and you are the best doctor because when my little sister Alize left to heaven you saw her at the rosary and left her flowers. Have a good doctors’ day. We love you.

Robert Cruz III

Querido Doctor Flores,
Me gustaría darle las gracias por ayudarnos a mis hermanas Alize y Destiney y a mí cada vez que nos enfermamos. Usted nos da medicina cuando estamos enfermos y usted es el mejor médico porque cuando mi hermana pequeña Alize se fue al cielo usted fue al rosario a verla y le dejó flores. Que pase un buen día de los médicos. Lo queremos.

Arlen Bocanegra

Quiero darle las gracias a todos los médicos y enfermeras por salvar nuestras vidas. Ellos trabajan muy duro y hacen su mejor esfuerzo para encontrar curaciones y medicamentos correctos. Los médicos y las enfermeras son personas bondadosas y amistosas. Me encanta todo lo que hacen. Ellos son los mejores.

Dear Dr. Mercado
You are a very nice doctor to help to improve my eating habits to be healthy. After seeing you, now I drink water everyday, exercise and eat less sugar to prevent diabetes. Thank you for everything. I wish I could be like you one day and help many children. May God bless you!!!

Italia Michelle

Querido Doctor Mercado,
Usted es un muy buen médico por ayudar a mejorar mis hábitos alimenticios para que este sana. Después de verlo, bebo agua todos los días, hago ejercicio y como menos azúcar para prevenir la diabetes. Gracias por todo. Ojalá algún día pudiera ser como usted y ayudar a muchos niños. Que Dios los bendiga!
The Brownsville Herald and staff would like to recognize our community physicians for the role they play in caring for the sick, their contribution to researching & advancing medicine and promoting good health.

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Dr. Julio Armando Silva,

Doctors have helped me to have good health and thanks to it’s checks and reviews have been healthy and we have not gotten sick of any infectious disease. Doctors thanks for giving us the satisfaction of enjoying good health.

Lorena Torres

Doctor Julio Armando Silva,

Los médicos me han ayudado a tener una buena salud y gracias a chequeos y revisiones estoy saludable y no nos hemos enfermado de ninguna enfermedad infecciosa. Gracias doctores por darnos la satisfacción de disfrutar de una buena salud.

Los doctores han mejorado mi vida gracias a su conocimiento. Como por ejemplo, el dentista me ha enseñado a lavar mis dientes y de esa manera se mantienen sanos y limpios sin comer dulces. También cuando en mi familia hay una emergencia los doctores me atienden rápido y gracias a ellos y sus recomendaciones me ayudan a vivir con buena salud.

Camila Medina

Doctors have improved my life thanks to their knowledge. For example, the dentist taught me to brush my teeth to maintain them healthy and clean without eating candy. Also when there is a family emergency doctors tend to me quickly and thanks to them and their recommendations they help me to live in good health.

Tristan Davila

Los Doctores

Los doctores son buenos. Cuando los doctores te curan tienes que decir gracias. Por ejemplo el doctor Armando Davila le gusta ayudar a la gente. El siempre hace todo lo posible por curar a la gente. El trabaja mucho y es el mejor del planeta. El doctor Armando Davila es mi heroe, el es mi papa.

Atentamente,

Tristan Davila

Doctors

Doctors are good. When doctors heal you you have to thank them. For example doctor Armando Davila likes to help people. He always does everything possible to heal people. He works a lot and is the best in the planet. Dr. Armando Davila is my hero, he is my dad.
Yo quiero dar las gracias a la doctora Herrera porque ella es mi dentista y me ha ayudado a que mis dientes y muelas no me duelan. Y mi doctor Jairo Mercado porque cuando me enfermo el me atiende y mi salud mejora. Gracias
Ivonee Aide Lozoya

I want to thank doctor Herrera because she is my dentist and has helped me so that my teeth and molars don’t hurt. And my doctor Jairo Mercado because when I am sick he attends to me and my health improves. Thanks.
From: Jorge

Yo le agradezco a el doctor Zamir por cuidarme en mis enfermedades y por mis vacunas si no fuera por el estubiera enferma.
Abril Dragustinovis

I thank doctor Zamir for taking care of me during my sickness and for my vaccines if it wasn’t for him I would be sick.

To: Dr. Dominguez
Le doy gracias al Doctor Jorge Dominguez que con su esfuerzo y dedicacion a logrado cada una de las veces que he ido a consultar me ha aliviado de enfermedades barías y tambien me ha puesto mis vacunas para prevenir enfermedades.
From: Jorge

I thank Doctor Jorge Dominguez because of his efforts and dedication he has succeeded in healing me of various sicknesses each and every time I have been to see him and also has given me my vaccines to prevent diseases.
We wish the doctors in our community

Happy National Doctor’s Day!

Sincerely from the staff at

The Herald
We proudly support our doctors and thank them for their commitment and compassion.

Happy Doctor’s Day!

Todd Shenkenberg, M.D.
Medical Oncologist
Harlingen and Brownsville Office

Mark L. Harrison, M.D.
Radiation Oncologist
Harlingen Office

Jose L. Maymi, M.D.
Urologist
Brownsville Office

Donald W. Hill, M.D.
Medical Oncologist
Harlingen Office and very soon in Brownsville Office

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